What Is Claimed Is:

1.	A method for notifying the driver of a motor vehicle equipped with an adaptive
distanc	te and speed controller (1,4) by activating (23) or deactivating (22) a takeover prompt
(13,15), which informs the driver that the vehicle is coming critically close to a target object
wherei	n the activation (23) and deactivation (22) of the takeover prompt (13,15) occurs as a
function	on

	of a fixed minimum distance between the distance- and speed-controlled	
vehicle and the target object		

and/or

— of a relative speed-dependent minimum distance of the distance- and speed-controlled vehicle in relation to a target object

and/or

- a maximum vehicle deceleration producible by the distance and speed controller.
- 2. The method as recited in Claim 1, wherein the takeover prompt is a visual display (13) in the field of view of the driver and/or an acoustic signal (15) in the vehicle interior.
- 3. The method as recited in one of the preceding claims, wherein the takeover prompt is also output when the driver overrides the distance and speed control system.
- 4. The method as recited in one of the preceding claims, wherein the activation thresholds (19) and the deactivation thresholds (20) of the takeover prompt are not identical.
- 5. The method as recited in one of the preceding claims, wherein the system for distance and speed control emits and receives radar signals, with the aid of which preceding vehicles can be recognized as target objects.

6.	A devi	ce for the distance and speed control of a motor vehicle, which outputs a
takeo	ver prom	pt, informing the driver that the vehicle is coming critically close to a target
objec	t,	
where	ein the ac	ctivation and deactivation of the takeover prompt occurs as a function
	_	of a fixed minimum distance between the distance- and speed-controlled
vehic	le and th	e target object
	and/or	
		of a relative speed-dependent minimum distance between the distance- and
speed	-controll	ed vehicle and a target object
	and/or	
	_	a maximum vehicle deceleration producible by the distance and speed
contr	oller.	

- 7. The device as recited in Claim 6, wherein the takeover prompt takes the form of a visual display in the field of view of the driver and/or an acoustic signal in the vehicle interior.
- 8. The device as recited in one of Claims 6 through 7, wherein the system for distance and speed control (4) emits and receives radar signals, with the aid of which preceding vehicles can be recognized as a target objects.